## Cranberry Punch

Makes 1 gallon (30 4-ounce servings)

Ingredients:
1 small can (6 ounces) frozen orange 1 ice block juice concentrate

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Fresh mint leaves or thin slices of lime for garnish
lemonade concentrate
$21 / 2$ cups pineapple juice, chilled
1½ quart cranberry cocktail, chilled

1. Reconstitute the orange juice and lemonade according to directions on cans and pour into punch bowl.
2. Blend in pineapple and cranberry juices
3. Float ice block on top of punch
4. Garnish with fresh mint leaves or thin slices of lime.

Per 4-ounce serving
Calories..... 65
Protien...... 0 g
Fat......... 0 g
Carbohydrates..... 16 g

Sodium...............3mg
Cholesterol............... 0 g
Saturated fat........ 0 g
Monounsaturated fat... 0 g
Polyunsaturated fat..... 0 g

